

**The Weakest Strong Man**

**Men’s Day of Prayer**

**September 7, 2019**

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**About the Author of the Sermon**

**Claudio Consuegra, DMin, BCC**



Dr. Claudio Consuegra is the Family, Men’s, and Single Adult Ministries Director for the North American Division of Seventh-day Adventists. Claudio was born in Colombia, South America. He has served as pastor in various conferences throughout the United States. He has also been a law-enforcement, hospital, and hospice chaplain, a marriage and family counselor, and conference department director and administrator. Claudio holds a Bachelor of Arts degree in theology from Columbia Union College, a Master of Science degree in Counseling Psychology from Radford University, and a Doctor of Ministry degree in Family Ministries from Andrews University.

Claudio, and his wife of 38 years, Pamela, who is the Associate Director of Family Ministries for the North American Division, have a rich background in the area of family ministries having worked as a husband/wife team in numerous conferences, hosting a live call-in family show for LifeTalk radio for three years, and authored numerous journal articles as well as several books.

They have two daughters: Diana- a High School English teacher, Hadassah- a general surgery fellow, and two sons-in-law, Greggory, a Speech and Language Pathologist and Andrew, a Navy drone technician.

Claudio and Pamela are passionate about building strong, healthy marriages and families for God’s Kingdom.

**Suggested Order of Service**

Men’s Ministries Day of Prayer

September 7, 2019

Call to Worship- Opening Prayer

Opening Hymn

*God is Our Refuge and Strength* – Adventist Hymnal #720

Offering

Children’s Story (provided)

*God is Strong When We are Weak*

Scripture Reading

Hebrews 11:32

Pastoral Prayer

1. For the men to be empowered by the Holy Spirit

2. For the men’s family life: mothers, wives, children and others

3. For the men’s work and church life

4. For men to become friends of God and each other

Special Music

[Select a Joyful song of Victory and Strength

Preferred- Male Quartet, or Male Choir]

Sermon (provided)

*The Weakest Strong Man*

Closing Hymn

*Faith is the Victory* – Adventist Hymnal #608

Closing Prayer

**Children’s Story**

**God is Strong When We are Weak**

**Pamela Consuegra, PhD**

**Scripture Verse:**

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10

**Materials Needed:**

• Bible

• 2 Canned Goods (canned vegetables, fruit, or soup)

**Introduction:**

Today we are going to talk about being strong. I want to read to you what the Bible says about being strong: “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10

The Bible tells me that God will give me strength when I am weak and He will hold me up with His right hand.

**Activity**

I need one volunteer to show me how strong they are. Give the volunteer two cans and have them hold the cans with their arms straight out from their body in front of them. Challenge the child to hold their arms this way for as long as they can.

**(NOTE: Keep talking to the group as the child holds out the cans. Remind them to keep their arms straight.)**

OK, while they are doing that, let me see all of your muscles. Do you think you are strong?

Who is the strongest person you know? (children may list people such as their dads, brothers, pro football players, policemen, military, etc.)

**(Now, speak to child holding can).** How are you doing? Are the cans getting heavy? Do your arms feel weak?

What would make holding the cans easier, other than putting them down? Let’s see if we can find someone to help you hold up your arms so you can be stronger and hold them longer.

I need two more helpers. Have the same child holding the can hold his or her arms out again. This time ask the other volunteers to help by holding up the child’s arms under the biceps. Each child holds up one arm. Is that easier? Does that make you feel like you have a little more strength?

**Application**

We may not have the strength to do things on our own, but with God’s strength we can do anything.

This test of strength reminds us that our strength is limited, but God (and other Christians) can give us the strength to do the things we cannot do ourselves. Remember our Bible verse that we read in the beginning: “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10.

Let’s rely on Jesus to give us strength when we feel weak.

I want you to listen to the sermon today because we are going to learn about a strong man in the Bible, whose name was Samson.

**The Weakest Strong Man**

Hebrews 11:32

Who’s the biggest, strongest man you’ve ever met?

Who’s your favorite superhero?

Samson was the strongest man who ever lived. He was basically like three Avengers or three super heroes in one.

But even with so much going for him—chosen by God before his birth, blessed with supernatural strength—Samson just couldn’t escape his weaknesses. His weaknesses kept getting the best of him.

One of those weaknesses was lust.

In Judges 14:1–2 we read that Samson went to the wrong place—on purpose. This was no accident, he didn’t get lost and found himself in Timnah. Timnah was enemy territory, a Philistine town. He had no business being there.

And while there, we saw a woman that he felt immediately attracted to. Lust took over, and that lust became infatuation. He told his parents he wanted to marry her, even though God had specifically told his people not to intermarry with others who didn’t worship Him.

Has that been one of your weaknesses? Have you found yourself lazily surfing channels, and suddenly stopped—or even just slowed down a little—when you “happened to see” some hot, scantily clad woman?

What about on the Internet? Have you ever clicked on some link, some thumbnail, some ad you knew you probably shouldn’t? And then you found yourself in enemy territory, lusting after one…or many women?

Samson started by letting his feet wander. His eyes weren’t far behind. Predictably, his heart followed.

You may have been trying to convince yourself: “I’m a MAN. I’ve got desires. I’ve got needs. This is how most men feel. This is normal for a man. And besides, I want it!”

Have you ever rationalized that way? Does that sound familiar?

Of course, some of the things you and I lust after aren’t even sexual. Maybe what you crave is that promotion, that raise, or just winning at work. Dreams of money and prestige start to consume your mind and overwhelm your soul.

Or maybe it’s something material: that big house, that shiny new car, that sweet boat. You wake up thinking about them, you try all day to figure out how you can get them, and at the end of the day you then drift off to sleep at night dreaming about them.

Whatever you lust after, it takes every ounce of restraint you can muster to hold yourself back from plowing headlong after it. Why? Because just like Samson, lust makes even the strongest man weak.

What you need to do is get in the habit of pointing your feet away from temptation—and turning your eyes away from it.

What are you doing going out looking for trouble anyway? Don’t put yourself in that position. Unlike Samson, you need to practice common sense and good judgment. You need to know your weaknesses. And you need to shore up your defenses.

**Rules Are Made To Be Broken (Jud.14:8-9)**

Before Samson was even born, his parents dedicated him to the Lord, with something called “a Nazirite vow.” The short version of what this means is that, throughout his whole life, Samson was supposed to follow three basic rules:

1. Don’t drink alcohol.

2. Don’t touch anything dead.

3. Don’t cut your hair.

Pretty simple, right? But you know what guys like Samson say: “Rules are made to be broken.”

In Judges 14, we’ll read how Samson first got to use his God-given strength to do something pretty amazing. A young lion came roaring against him, and Samson, with his bare hands, tore the lion apart.

When he came back a while later, he conveniently ignored one of these oh-so-simple rules, and he touched something dead. In fact, he didn’t just touch something dead, he dug his hands deep into it! And all for what? For a little bit of honey.

Stupid? Absolutely. Just like you and me. But before we judge Samson too harshly, we need to be honest. Even when we believe God has blessed us, often we turn our backs on Him in an instant. Just think what this looks like in your life. What things cause you to choose your own way instead of what we believe is God’s best for us? If you’re like me, it usually happens because we see something we really want, and at that very moment, that becomes all we can think about.

Lust makes us think, I want it.

But in addition, entitlement is that little voice that takes “I want it” and adds “…and I deserve it.”

I work hard. I’ve earned some extra.

I’ve spent a lot of money at this place over the years. I deserve a little payback.

I’m not getting my needs met at home. And sometimes a guy’s just gotta do what a guy’s gotta do.

When we start listening to that whisper of entitlement—I deserve this. I’ve earned this. I need this—we’re simply justifying our lust, instead of turning our hearts toward what we know God wants.

**I Have This Under Control (Jud.14:10)**

Lust says, “I want it.”

Entitlement says, “I deserve it.”

And Pride says, “I can handle it.”

Remember how Samson told his parents he wanted to marry the Philistine woman? Well, what does every guy need before he can get married? That’s right—a bachelor party! And in Samson’s case, that meant a drinking party. Bu remember one of the rules for Samson’s life: **Don’t drink alcohol.**

Samson was not supposed to drink alcohol at all. But Samson figured that, because he was so strong, he could handle it. You’ve probably heard this before. I can handle it! Maybe you have said it yourself: I can handle it. One drink? One puff? One quick look? And thinking you can handle it doesn’t have to just be about substances:

Man, I really love this car/house/bass boat. I can make these payments.

I know I’m not ‘supposed to’ look at this website/image/video, but I’ve got my smart phone. And it’s just this one time.

Samson was so strong he really believed he could handle it all…but he couldn’t handle it. So what makes you think you can?

We don’t have to follow the same path Samson did. Remember, your enemy wants to DESTROY you, to DEVOUR you.

Don’t let your enemy use your pride and selfishness and shame to trick you into giving up the power God has given you for things that makes you weaker. You can be a man of spiritual strength, integrity, and courage. You can be a man who serves his wife and his family. You can be a man who unselfishly gives to others. The bravest thing you can do is admit that you’re weak and vulnerable, and that you need God’s strength and His presence in your life. And the good news is that when we come to Him in humility, He gives us the strength we need to overcome in our weaknesses.

The apostle Paul wrote: “Yes, I am glad to be weak or insulted or mistreated or to have troubles and sufferings, if it is for Christ. Because when I am weak, I am strong” (2 Cor 12:10, CEV).

**Emotional Decisions (Jud.14:17-19)**

We men don’t like to think of ourselves as “emotional.” Women are emotional, not us. We’re strong; we’re logical; we’re thinkers. But the truth is, all humans are emotional beings. And by the way, there’s nothing wrong with that; that’s how God made us. It’s when we allow those emotions to drive our actions that we get ourselves into trouble.

In Judges 14 we continue reading about Samson and his Philistine drinking buddies slurping adult beverages. Thing about this for a moment: these guys hate him, but they’re content to stay as long as he’s buying. So, Samson decides to play games with them. He makes them a bet that he can tell them a riddle they won’t be able to solve. When you think about it, Samson didn’t just break the second rule -- about touching anything dead – he’s sort of bragging about it.

When they can’t figure out the answer, they threaten Samson’s fiancée to pressure her into getting it from him. And when they smugly give him the right answer on the last day, Samson figures out immediately what must have happened.

Now, here’s what I really want you to see. Because Samson allowed his impulses and his emotions to lead him—rather than God’s Spirit—he made one bad decision after another. Samson doesn’t change course. But, and here’s what I find amazing about Grace, God’s grace, even when it’s time for him to pay the consequences for his own actions, still, God’s strength never leaves him.

Our strength comes from the Lord. He made us to be warriors — which is precisely why we need to let his Spirit lead us. We have to be able to discern what, when, where, and how to fight. And we need to fight only for the things that are truly worth fighting for. Don’t trust your emotions. Trust God’s Spirit within you.

**The Trouble with Foxes (Jud.15:4-5)**

For a lot of men, a default emotion is anger. When someone says or does something to embarrasses us, we become angry. Nobody’s gonna make me look like a fool. They’ll be sorry they messed with me. That’s because when men experience something negative, anger is usually our automatic response.

You might have thought Samson’s reaction might have been a little over the top—killing 30 guys to pay off a gambling debt—but he was just getting warmed up.

After Samson stormed off from his engagement celebration, his bride’s father was embarrassed that his future son-in-law had just disappeared. So he did what any father in that position would do: he gave her to another man in the wedding party! (This may not make sense to us, but it was appropriate in their culture at the time.)

In Judges 15 we see what happens when Samson returns to find that his wife went to another man.

Let’s review Samson’s greatest hits so far: He went someplace he had no business going. He lusted after—then pursued—the wrong woman. He ignored his parents’ advice (and God’s wisdom). He touched dead things. He got drunk. He taunted the Philistines with his riddle. He gave his own secret away. He left his wife at the altar to go kill a bunch of guys.

And who was responsible for every single one of these actions? Samson himself.

Samson keeps getting mad at the world, but in reality, almost everything that happened was his own fault. At any point, he could have backed off, even just a little. If he had just taken a minute to cool off, maybe he even could have turned things around. Instead, over and over, he escalated every situation, forcing others to react.

In Judges 15 we see how one more emotional decision from Samson forces an emotional response from the Philistines—and costs him everything he cares about.

What about you? If you’re angry at those around you, where is your responsibility in that? Could it be possible that at least some of the hard things you’re going through right now are the result—perhaps even the direct consequences—of your own choices? Really try to be honest with yourself here.

Do you feel tempted to make excuses for your behavior? If you do, it’s time to stop and fight that temptation. Own your part. Ask for forgiveness if you need to. And not just from God, but from the people your actions and attitudes may have hurt. Ask God’s Spirit to lead you. Then go make the hard changes he shows you.

**The Stuff of Legends (Jud.15:15-16)**

What do these guys have in common?

William Wallace. Maximus Decimus Meridius. King Leonidas. Movie legends.

Muhammad Ali. Babe Ruth. Bill Russell. Sports legends.

Michael Jackson. The Beatles. Bob Marley. Music legends.

What do they all have in common? Their accomplishments seem larger than life. At times in their stories, each one of them seemed invincible. And their stories were so inspiring that men just kept retelling them over and over, eventually turning the details into folklore, stories that continue to live long after their time is past.

Samson had a moment like that, too, which we’ll read about in Judges 15. With on jaw bone, he killed one thousand philistines.

How does Samson do it? There’s no question that it was God’s strength: “The Spirit of the Lord came powerfully upon him.” All credit, all glory, belongs to God and God alone. Jesus once said that with God, nothing is impossible. God gets done the things that he wants done.

But instead of giving all credit to God, (Judges 15:16) Samson takes credit for God’s power. He was arrogant. Arrogance is always born out of our insecurities. When we don’t know who we are in Christ, most of us look to pride to try to fill that void—just like Samson did.

Many of us try to define ourselves by our accomplishments, to find our worth in what we’ve done, instead of in the One we belong to. We want to rely on our achievements, our victories, our trophies, our wins to define us, instead of acknowledging God as the source of all good things in our lives. And like Samson, we want to get the credit. We want to be known as “a winner,” “a beast,” “a leader,” “a man’s man,” “somebody.”

Pride can be intoxicating, but the hangover is the pits. We’re human; we do have (many) limitations, and we need to rely on God. If you lose sight of your identity and try to convince yourself that you’re a legend, you’ll miss the true legend in your life: that the God who made the universe calls you his son.

What’s defining you? Remember, you only get this one life. Whose name are you trying to make great?

**Despair Repair (Jud.15:17-19)**

Have you ever played so hard that you physically had nothing left in the tank?

Sometimes you collapse on the bench press of your life: weakened, worn out, completely exhausted. But even if you’re already maxed out, there’s no guarantee more stress isn’t still coming. Do you ever feel like that? Like that constant weight of responsibility is always there? That you always have to be there for your family and your friends? Believe me, I know just how that feels.

You don’t want to let anybody down. Month after month, there are always going to be more bills that need to get paid. You want to be a good provider. You want to make your parents proud. You want to be strong for everybody. Do you ever feel like you’re the glue holding everyone else’s lives together? Then is it really any wonder you’re so exhausted?

Of course, if you’re like most guys, you’ll never ask for help. You just keep adding more and more weight to that bar, again and again. You keep lifting it, too, but you’re sore. It hurts, but you don’t tell anybody. Sometimes you even wonder why you’re carrying all this weight for all these other people. It’s easy to start slipping into a negative mindset. Do you ever feel alone? Depressed? Defeated?

We’ll see all of these things in the desperation in Samson’s voice. He took pride in being self-sufficient and never needing anyone’s help. He didn’t want to reveal his weaknesses to others, which made it hard for him to admit to himself that he actually really needed God.

Many of us slip into that same mode when we start feeling overwhelmed. We may not say it out loud, but what our actions are communicating to others is: “I’m not letting you in. I won’t share what’s going on with me. Besides, even if I tried, you wouldn’t understand.”

That’s why we refuse to ask for directions! We don’t want to have to tell anyone we need help! I’m convinced the reason we do this is that most of us want to be the hero, the main character, the center of the story that we’re telling about ourselves. We want to make everything about us…instead of about God.

But here’s a truth you can grab hold of today: If you’ll let your need drive you to God, God will meet your deepest needs. His Spirit will always lead us to confession, to changing direction, to realigning with his Word, to a fresh start, to grace. Admit it. You need him. Tell him so. You may be surprised how he responds.

**Hitting Rock Bottom (Jud.16:1-3)**

Samson hit rock bottom. But you need to understand: Samson didn’t ruin his life all at once. He ruined it one step at a time. In fact, when we begin to wander away from God, we all seem to start with the same three small steps:

**Step 1:** Taunting our enemy. Samson enters into enemy territory (again) to visit a “user friendly” woman (a prostitute). When he leaves the city, he takes the city gate with him (their symbol of security). Why? Just to taunt them.

**Step 2:** Rationalizing our sins. Some guys justify their sin based on how “clean” the rest of their life is: This is my ONE vice. Other men justify it as something private: It’s MY business, not yours. Some write their own rulebook: I can look at the menu, as long as I don’t order anything. And some guys blame others: If she would do THAT, then I wouldn’t have to do THIS.

**Step 3:** Assuming our disobedience won’t cost us. Just like Samson, we keep thinking, I’ll just do the same thing I did last time. I’ll shake myself free. But our sins always overtake us eventually and overpower us. Your sin will find you out. Today you’ll see what that looked like for Samson.

Samson was a warrior strong enough to kill a thousand men. He was strong enough to rip a lion apart with his bare hands. He was strong enough to pull 700-hundred-pound doors from their posts and carry them off. But in the end, he wasn’t strong enough to lead the people he should have been leading.

Don’t settle for being strong in your career. Don’t settle for being strong in your hobbies or at some sport. Don’t settle for being strong physically. Instead, focus your strength on leading those around you toward righteousness. Men can be strong in all kinds of ways, but most leave leadership to others.

A lot of guys seem to think they can keep getting away with doing the same things over and over. They let their emotions and their impulses dictate their actions. Samson kept going to places he shouldn’t, chasing forbidden women, antagonizing his enemies, and then justifying his bad behavior (through lust, anger, or revenge). He suffered a few emotional consequences, but nothing that ever cost him the one thing he seemed to care about most, that thing he relied on: his strength. Until it did.

Don’t let that be you. Don’t settle for being strong at things that don’t last and weak at things that do. Tap into the warrior within. Don’t fight meaningless battles. Fight for what matters most. Fight for your faith. Fight for your family. Fight for your life.

**The Blind Side (Judg.16:4-21)**

Men like to be liked, but it’s not everything for us. Most of our value doesn’t come from relationships. It comes from accomplishments: How do I measure up? Did I do well? Did I WIN? Did I get the trophy? Did I get the medal? Did I get the sales? Did I get the promotion?

Most men don’t want to fail…even once. We want to measure up and be successful at anything we try. That’s why we don’t like to play if we don’t think we can win. It’s typically when we don’t live up to our expectations—or to someone else’s—that regret sets in: I WISH I had \_\_\_. I SHOULD have done \_\_\_. Why didn’t I \_\_\_?

Samson was the poster boy for the Wish You Would Have, Could Have, Should Have Foundation. Samson’s tragedy was that he failed to be all that he might have been, if he had just been willing to learn from his mistakes the first time. (Can you imagine?) Here’s what we’ll see as we read about Samson’s end today:

A man’s greatest fear is failure, and his greatest pain is regret.

Have you ever failed? If you answered yes, cheer up! You’re in good company. Failure is an event, never a person. Don’t internalize a failure until it starts to ferment into regret. Own it. Learn from it. Pain can be a great teacher.

No matter how badly you’ve messed up in your life, there’s no way you’ve failed more than Samson did. Did Samson bring shame on himself? No doubt. But he did something much worse: he let down an entire nation. (Have you done that? It seems like I would have seen it on the news if so.) Samson betrayed his vows…and his Lord. He let his pride and his selfish desires derail him again and again, until finally, he lost everything. But even then, God still wasn’t done with him:

“…but the hair on his head began to grow again…" (Jud.16:22)

Just because you’re down doesn’t mean you’re out. Not by a long shot. Even in our failures, God can still accomplish his purpose. It’s through our weaknesses that he shows himself strong.

Want different results? Then you’re going to have to do something different. In the end of Samson’s story, as you’ll see, he finally used his strength for God’s purposes instead of his own.

If you’re a Christian, you have resurrection power within you. Tap into it. Don’t try just to “be a stronger man.” Satan loves making strong men weak. God loves making weak men strong. Don’t try just to “be a better man.” Be God’s man. Stop trying to tell your story. Start telling his. It’s not about you. It’s about him. Push those pillars down. Die to yourself so you can live for him.

**Pick A Fight**

How did a man with so much God-given potential end up in such an awful place? He didn’t do it all at once. He did it: One. Step. At. A. Time.

In Samson’s story, it seems like he kept taking three steps away from God, and then just one step back toward Him.

What about you? Where are you stepping away from God? Really take some time to think about this. Take a long, hard look at all the different areas of your life. Are you strong enough to be brutally honest with yourself?

Are you stepping away from God in any way? What step are you on? Step number one? Or step number 56,249? Somewhere in between? No matter how many steps you’ve already taken, I have a simple and profound solution for you. Are you ready?

**Turn around. (Judg.16:28-30)**

That’s it. Turn around. Go the other way! It’s not too late. It really is that simple. Fight the momentum of moving toward sin, and start going the other direction. When you turn around, guess who will be right there waiting for you? Your God. And He’s ready to train you, to fight with you. When you fight for the cause God gives you, you never fight without his strength.

It’s time to pick a fight. What battle are you facing? Give it a name.

Unleash the warrior’s heart inside of you. Fight. If you’re in Christ, you’re more than a conqueror. The way you overcome your enemy is by the blood of the Lamb (Christ) and the word of your testimony. Start changing your story. Make it about him. Our strength is not our own; it’s in him.

You have the heart of a warrior. If you choose: Nothing can distract you. People cannot disillusion you. Critics cannot derail you. Demons cannot stop you.

You are a man. God gave you a cause to inspire you. Honor it. God gave you weapons to fight for it. Face your fear. Tell the truth. Fight, and fight to win. You’re ready. You have permission, and you’re not alone. It’s time to quit walking blindly through your life, falling into your enemy’s traps.

Turn around. Turn around and fight for your life.

If we could read Samson’s epitaph, what would say?

The strongest man ever! Perhaps

Love blinded him! Perhaps

Here lies one of God’s greatest warriors!

God wrote Samson’s epitaph:

“What else can I say? There isn't enough time to tell about Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets. 33Their **faith** helped them conquer kingdoms, and **because they did right**, God made promises to them. They closed the jaws of lions 34and put out raging fires and escaped from the swords of their enemies. **Although they were weak**, they were given the **strength** and **power** to chase foreign armies away.” Hebrews 11:32-34 (CEV)

**Men’s Weekend Activity Ideas and Planning Suggestions**

Written by Minner Labrador Jr., DMin

We encourage you to get the men out of the normal meetings, away from church where

men can be men and have fun together which in turn will encourage men to relate to each other in a different format than in church or church meetings.

**How do I plan a men’s outing?**

1. Talk and brainstorm with your pastor and leading elders.
2. Select an idea or get a group of men together and ask them what they would like to do together as a group.
3. Pick a date and time for the activity.
4. Get it into the bulletin.
5. Make a list of the men in your church and personally call them and invite them to be a part of the activity. Note the ones that want to be a part so that they can personally be called again just before the event.
6. Announce the scheduled activity in church and then 2 weeks before announce it again, and then announce it the week before the scheduled time.
7. Carry through with the scheduled activity no matter how many men do or don’t show up.
8. Take pictures if possible and write up a story on your event to put into the bulletin as an insert and also submit your story and pictures to NAD Men’s Ministry Department for publication on the web site www.emale.org or www.adventistmen.org.

**Saturday night event suggestions:**

* Game night
* Pee Wee golf outing
* Movie night at one of the men’s homes
* Bowling
* Fire pit gathering
* Horseshoes
* Sunday event suggestions:
* Fishing Trip
* Canoeing
* Putting contest at Pee Wee golf course
* Hiking
* Bike ride
* Golf
* Pick up game of basketball, football or baseball
* Horseback riding
* Whitewater Rafting
* Mountain Climbing
* Whatever you decide to do have FUN with the men in your church!
* Remember; “Play hard, Pray even harder.”

Next Men’s Day of Prayer is September 5, 2015